

IF INTERPERSONAL WORK DYNAMICS *JUST* TAKE SOFT SKILLS, WHY ARE THEY SO CHALLENGING?

Learn to navigate the complexity. Increase your business success.

MARISA LASCHER ADVISES ON AND TEACHES ABOUT:



Cultivating compassion



Increasing motivation and productivity



Managing with direct kindness



Receiving negative feedback



Grappling with COVID work concerns



Building strong cultures - together and apart



Defining and expressing gratitude



Accepting ourselves



Coping with people we dislike at work



Balancing what's best for the organization with what's best for the individual

FORTUNE 500 FEEDBACK ON MARISA'S COMPASSION WITH COLLEAGUES PROGRAM:

"Marisa explains what it means to work with others without sugarcoating it. Her education and experiences are the perfect mix. For years, she's been my sounding board advising on the most challenging of situations. Her advice is invaluable, and her gifts include understanding, motivating, and engaging people. She has successfully translated the community building she did in person to the virtual world."

Marisa Lascher applies and teaches compassion, gratitude, and resiliency to help people and companies thrive. She was integral to the emergence of Positive Psychology and created a gratitude event that has been empirically validated to increase happiness and decrease depression. It was featured in the books *Authentic Happiness* and *Flourish* and was a *New York Times Magazine* Idea of the Year.

Marisa's practical experiences range across diverse industries including Financial Services, Data Analytics, Technology, Machine Learning, and AI. She has been published in *The New York Times* and *The Wall Street Journal*, and her work has been featured in *The Boston Globe*. She's currently studying Applied Compassion at Stanford University and lives in New York City.

We all need a little help. Especially right now. Connect with Marisa for individual or group guidance.

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